

AIKI-Ken & Jo Transmission Scroll

3

AIKI KEN 8 DIRECTION CUT

1. Front
2. Rear
3. Big turn to the right
4. Left
5. Right diagonal rear
6. Left diagonal front
7. Left diagonal rear
8. Right diagonal front

It is important to practice various kinds of sword movements in order to do the 8 direction cut.

This same form can be practised in various ways:

1. Using 1st suburi.
2. 1st then 5th suburi.
3. Step back and cut keeping right leg forward.
4. Step back the perform 7th suburi.

AIKI KEN KUMITACHI

1st Kumitachi

Attacker: Blend with the sword raised by the defender. Move to the left and cut the chest in an upward direction.

Defender: Staying in the right side hammi, retreat to the rear and return to stance.

Attacker: Strike the forearm in left stance.

Defender: Draw the right foot back and parry in left stance.

Attacker: Move to the right and cut the side of the head.

Defender: Draw the left foot back, parry in right stance, piercing the chest.

2nd Kumitachi

Attacker: Slowly raise in jodan stance.

Defender: Blend with this movement. Both ending up in jodan stance.

Attacker: Strike the leg.

Defender: Parry

Defender: Raise the sword up.

Attacker: Blend with the sword being raised and thrust from below.

Defender: Draw the right foot back and parry.

Attacker: Advance with the right foot and do a strike to the side of the head.

Defender: Parry it and pin (knock out of line) the sword in right stance.

Attacker: Strike to the side of the head.

Defender: Same as in the last move of the 1st kumitachi.

3rd Kumitachi

Defender: Knock your opponent's sword out of line.

Attacker: Move to the left and do an opposite strike to the side of the head.

Defender: Parry.

Attacker: Same as in the last move of the 1st kumitachi.

4th Kumitachi

In this kumitachi, both people are supposed to advance forward; but, for safety, it is important that both step back on the first move.

Attacker: Thrust in right stance.

Defender: Open up to the right, advance forward to thrust at the chest. Then, knock your partners sword out of line.

Attacker: Advance forward with the right foot and strike the side of the head.

Defender: Same as in the last move of the 1st kumitachi.

5th Kumitachi

Attacker: Make a large movement forward with the right foot and do a straight strike to the head.

Defender: Make a large movement to the left and an opposite strike to the side of the head.

Attacker: Parry this immediately, ending up in left stance.

Attacker: Strike the side of the head.

Defender: Parry; push your partner's sword at the base of the tsuba (sword guard) with the intention of rotation around your partner to the right, taking your partners sword.

Attacker: Turn around your partner to the right and strike the leg.

Defender: Draw back the right leg and parry.

Attacker: Strike the side of your partner's head.

Defender: Same as in the last move of the 1st kumitachi.

For each kumitachi, there are secret variations, advanced techniques and sword taking.

KI-MUSUBI NO TACHI

Connecting your ki with your partner's

Both advance with the left foot, piercing the heaven's with the swords as becoming one with the universe, by drawing the universal ki through the tip of the sword as if breathing.

Both people assume a lower right stance.

Attacker: Right foot advances; strike the head.

Defender: Open to the right and strike the head.

Attacker: Then, with the intention of striking, advance with the left and raise the sword over the head.

Defender: Blend with this and thrust as in 6th suburi.

Attacker: Strike down.

Defender: Move to the left, strike the head and block your partner from raising the sword up.

Attacker: Draw the left leg back, intending to assume the jodan stance.

Defender: Blend and strike your partners left arm from below.

This kumitachi is different from others in that it is a secret kumitachi in which one practices awase (blending) methods. Therefore, it is called kimusubi no tachi (meaning, connecting your ki with your partner's).