



TAKEMUSU AIKI ASSOCIATION INC.

GRADING FORMAT

Turramurra Dojo

August, 1993

5th Kyu

GOKYU TEST (yellow belt)

30 classes (about 3 months)

1. SUWARI-WAZA Dai-Ikkyo to Dai-Sankyo
from Shomen-uchi / Omote & Ura
Dai-Gokyo from Yokomen-uchi
2. HANMI-HANDACHI Shiho-nage from Karate-dori
3. SHIHO-NAGE from Karate-dori
4. KOTE-GAESHI from Mune-dori
5. KOKYU-NAGE from Morote-dori
6. Irimi-nage from Shomen-uchi
7. KAiten-nage Uchi from Karate-dori

4th Kyu

YONKYU TEST (yellow belt)

70 more classes (about 6 months)

1. SUWARI-WAZA Dai-Ikkyo to Dai-Yonkyo
from Shomen-uchi / Omote & Ura
Dai-Gokyo from Yokomen-uchi
2. HANMI-HANDACHI (1 way)
3. SHIHO-NAGE (1 way)
4. KOTE-GAESHI (1 way)
5. KOKYU-NAGE (1 way)
6. Irimi-nage (1 way)
7. KOSHI-NAGE (1 way)
8. USHIRO-WAZA (1 way)
9. KEN-SUBURI Nos. 1 - 3
10. JO-SUBURI Nos. 1 - 7

3rd Kyu

SANKYU TEST (brown belt)

80 more classes (about 6 months)

1. SUWARI-WAZA Dai-Ikkyo to Dai-Yonkyo
from Shomen-uchi / Omote & Ura
Dai-Gokyo from Yokomen-uchi
2. HANMI-HANDACHI (2 ways)
3. SHIHO-NAGE (2 ways)
4. KOTE-GAESHI (2 ways)
5. KOKYU-NAGE (2 ways)
6. Irimi-nage (2 ways)
7. KOSHI-NAGE (2 ways)
8. USHIRO-WAZA (2 ways)
9. KEN-SUBURI Nos. 1 - 7
10. JO-SUBURI Nos. 1 - 10

2nd Kyu

NIKYU TEST (brown belt)

120 more classes (about 9 months)

1. SUWARI-WAZA Dai-Ikkyo to Dai-Gokyo
from Yokomen-uchi / Omote & Ura
2. HANMI-HANDACHI (2 ways)
3. SHIHO-NAGE (2 ways)
4. KOTE-GAESHI (2 ways)
5. KOKYU-NAGE (2 ways)
6. Irimi-nage (2 ways)
7. KOSHI-NAGE (2 ways)
8. USHIRO-WAZA (2 ways)
9. TANTO-DORI (2 ways)
10. TACHI-DORI (2 ways)
11. JO-DORI (2 ways)
12. KEN-SUBURI Nos. 1 - 7
13. JO-SUBURI Nos. 1 - 20

1st Kyu

IKKYU TEST (brown belt)

160 more classes (about 12 months)

1. SUWARI-WAZA Dai-Ikkyo to Dai-Gokyo
from Yokomen-uchi / Omote & Ura
2. HANMI-HANDACHI (3 ways)
3. SHIHO-NAGE (3 ways)
4. KOTE-GAESHI (3 ways)
5. KOKYU-NAGE (3 ways)
6. Irimi-nage (3 ways)
7. KOSHI-NAGE (3 ways)
8. USHIRO-WAZA (3 ways)
9. TANTO-DORI (3 ways)
10. TACHI-DORI (3 ways)
11. JO-DORI (3 ways)
12. HAPPO-GIRI
13. KUMI-TACHI Nos. 1 - 3
14. KUMI-JO Nos. 1 - 3
15. SAN-JU-ICHI-NO-JO (31 count Jo Kata)

1st Dan

SHODAN TEST (black belt)

180 more classes (about 12 months)

1. SUWARI-WAZA Dai-Ikkyo to Dai-Gokyo
from Yokomen-uchi / Omote & Ura
2. HANMI-HANDACHI (3 ways)
3. SHIHO-NAGE (3 ways)
4. KOTE-GAESHI (3 ways)
5. KOKYU-NAGE (3 ways)
6. Irimi-nage (3 ways)
7. KOSHI-NAGE (3 ways)
8. USHIRO-WAZA (3 ways)
9. TANTO-DORI (3 ways)
10. TACHI-DORI (3 ways)
11. JO-DORI (3 ways)
12. NI-NIN Kokyu-Nage
13. NI-NIN-JIYU-WAZA
14. KUMI-TACHI Nos. 1 - 5
15. KUMI-JO Nos. 1 - 5
16. SAN-JU-ICHI-NO-JO (31 count Jo Kata)